

Are You Sabotaging Your Own Progress?

By Leelo-Dianne Bush, PhD

Do you know God's plan for you? I do. His plan is to prosper you and give you hope and a future. How do I know this? I know because Jeremiah 29:11 promises:

"For I know the thoughts and plans that I have for you, says the Lord, thoughts and plans for welfare and peace and not for evil, to give you hope in your final outcome." Jeremiah 29:11 (AMP)

But are you aware you can sabotage these plans before they can even begin to manifest with the words you speak? That's right, you can. I was not aware for a long time that I was my own worst enemy. On one hand I knew God had much more in store for me and had called me to my own unique place of greatness, but nothing was happening. And whenever it seemed like things might get better, they got worse. My default speech setting back then was, "why don't things ever get better? I do everything I know to do." You see, without being aware of it, I was confessing my own failure.

A few years ago, I found myself being sick and tired of being sick and tired. Nothing seemed to work well back then. I could work until I was exhausted and still make little or no progress.

I had heard over the years, that I need to confess my success if I was to see it, but how could I do that before it became true? Then something reminded me that according to the Kingdom economy, we need to call what is not, as though it were, in order for it to manifest.

Well, I had tried everything else and nothing worked, so as a final resort, and rather reluctantly I admit, I started confessing my progress. I even asked my daughter to write my success on paper several times a day, (to support me, not as punishment). And like a train slowly starting to pull out of the station, my life started to change. As I continued confessing God's truth over my life, everything started to turn around.

If you only take one thing away from this message, please believe me when I tell you that what you confess, *will* manifest. This is true for good and for evil. (See Proverbs 18:21) Your words contain power. Each word has meaning and has an assignment to manifest into reality.

As incredible as this may seem, you don't even have to entirely believe what you confess aloud for it to hold true. I had my doubts that things would change, but I made the effort to control everything I said, only confessing blessing, health, prosperity, and goodness. I confessed it so much and so often, even a few people who didn't like me so much started confessing my success! I found it rather funny.

"Death and life are in the power of the tongue, and they who indulge in it shall eat the fruit of it [for death or life]." Proverbs 18:21 (AMP)

But what if you accidentally speak an adverse confession? Or what if someone around you claims delay, despair, harm or evil? Today, Pastor John Antonucci of [Faith Fellowship World Outreach](#) in Fort Myers, Florida offered a solution to this. He quoted a friend of his saying, "I cancel the assignment on those words!" (I would add "in Jesus' name!")

Have you spoken words whose assignment needs to be cancelled? Consider something you have said in the past few days, that negates or contradicts God's plan for you. Then write: "I cancel the assignment on those words, in Jesus' name."